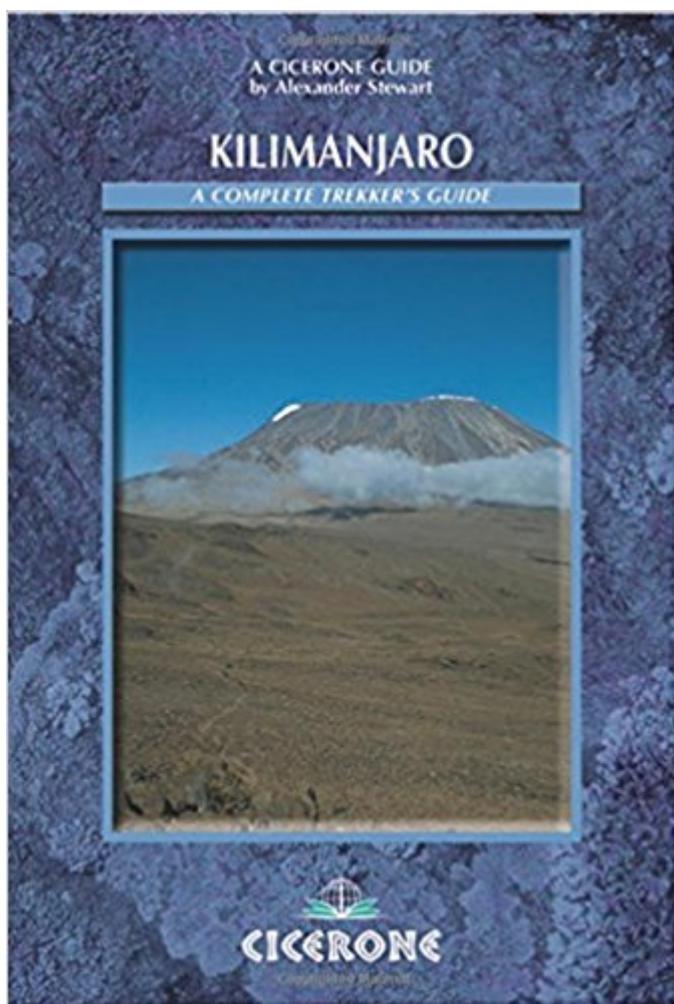


The book was found

Kilimanjaro: A Trekker's Guide (Cicerone Mountain Walking S)



Synopsis

Famous for its wildlife safaris and coastal resorts, East Africa is also an extraordinary destination for lovers of mountains, trekking and hiking. The mountains here stand as solitary peaks above surrounding plains; the most attractive is Mount Kilimanjaro in Tanzania, rising to 5895m: it is the highest mountain in Africa, the world's highest free standing mountain and the world's highest volcano! This guide offers routes up to Kilimanjaro as well as Mount Kenya (5199m), the second highest peak in Africa, with supporting advice on how to prepare for such an expedition, how to make the most of your time there and how to ensure your trip has as little impact on the local environment as possible.

Book Information

Series: Cicerone Mountain Walking S

Paperback: 255 pages

Publisher: Cicerone Press Limited; 1 edition (October 1, 2004)

Language: English

ISBN-10: 1852844132

ISBN-13: 978-1852844134

Product Dimensions: 4.7 x 0.6 x 6.9 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 15 customer reviews

Best Sellers Rank: #541,831 in Books (See Top 100 in Books) #14 in Books > Travel > Africa > Tanzania #59 in Books > Sports & Outdoors > Mountaineering > Excursion Guides #405 in Books > Travel > Africa > General

Customer Reviews

'The Cicerone guide is probably the most comprehensive on the market, featuring detailed historical, geographical and natural history information as well as all of the essential information on each of the ascent routes. Revised and reprinted in 2006 it is also bang-up-to-date' (Adventure Travel Magazine - September/October 2006)

Alex Stewart's keen interest in the outdoors and travelling has led him to many of the world's remote locations. Having lived in Kenya, he is able to offer invaluable advice to walking through this region and around the mountains of East Africa. He currently works in the travel book industry and as a freelance journalist.

I haven't climbed Kilimanjaro but am prepping for a trip and am in the "read everything there is" mode of training. This book has a lot of info on the area, history, culture and goes into all the major ascents: marangu, macheme, lemosho, shira, rongai and umbwe; summits: normal, barafu, western breach; and even the descents. It breaks down the trek day by day with camp site descriptions. I also like how the guide doesn't try to sell you anything and all the data is pretty objective. It has lots of pictures and I feel like I know the trek pretty well. So far it has helped me vet out all the trekking companies by comparing their itineraries. The guide has detailed maps of all the routes and surrounding area. I also like how the cover is laminated and has stood up to being knocked around in the bottom of my backpack for a couple hikes. Update: I did summit Kilimanjaro in October of 2012 and this book really helped. I took two books with me: this one and A Stedman. I took Rongai up and the descriptions and maps were very helpful. There's a bit of downtime, so I liked to read through what we would see the next day while we relaxed.

Pretty good explanation of what to expect during a climb of Kilimanjaro. I found this to be helpful in selecting a route and acquiring gear. Some of the information is out of date, namely regulatory status and guide service names. It did however describe the hotel in Moshi we resided in. This is good material and I recommend it for anyone planning a trek to Kili.

Amazing and informative book. Easy to follow with lots of information.

Must purchase if heading up KiliÃƒÂ¢ ÃÃâÃÃ

I bought this book to read ahead about an upcoming Kilimanjaro trip. Honestly, it was so informative that I brought it with me on the climb. It was great reading it after supper about the upcoming days trek. Has great pictures to identify plants and such. After the climb, i borrowed it out to a few different people i met back at the hotel, so they studied it up for days getting ready for their upcoming climbs. Definitely recommend to anyone going!

I love Cicerone guides and this one is so well written and formulated. Well worth the buy if planning a trip to Kilimanjaro. Very accurate with regards to Rongai Route which is the route I took. Nice read when stopping for a quick lunch or waiting for other trekkers to get out of their tents :)

This book is great. If you are going to trek on Kilimanjaro you need this book and the book by Henry Stedman. Between the 2 - you get all you need. Very helpful for determining which route to trek.

A very comprehensive and practical guide to Kilimanjaro. It made my maiden ascent very enjoyable. all topics well covered. Different climbing routes, summit routes and descent routes. an excellent section on altitude sickness.

[Download to continue reading...](#)

Kilimanjaro: A Trekker's Guide (Cicerone Mountain Walking S) Kilimanjaro: A Complete Trekker's Guide: Ascent preparations, practicalities and trekking routes to the 'Roof of Africa' (Cicerone Mountain Walking) Everest: A Trekker's Guide: Trekking routes in Nepal and Tibet (Cicerone Guides) The Mount Kailash Trek: A trekker's and visitor's guide (Cicerone Guides) Bhutan: A Trekker's Guide (Cicerone Guides) The Mountains of Romania: A guide to walking in the Carpathian Mountains (Cicerone Mountain Walking) Walking in Hungary: 32 routes through upland areas (Cicerone Mountain Walking) White Mountain Guide: AMC's Comprehensive Guide To Hiking Trails In The White Mountain National Forest (Appalachian Mountain Club White Mountain Guide) Walking: Weight Loss Motivation: Lose Weight, Burn Fat & Increase Metabolism (Walking, Walking to Lose Weight, Walking For Weight Loss, Workout Plan, Burn Fat, Lose Weight) Walking in Andalucia (Cicerone Walking Guide) Walking on Jersey: 24 Routes and the Jersey Coastal Walk (Cicerone Walking Guide) Walking and Trekking in Iceland (Cicerone Walking Guide) The Julian Alps of Slovenia: Mountain Walks and Short Treks (Cicerone Walking Guide) Walking in the Bavarian Alps: 85 Mountain Walks and Treks (Cicerone Guide) Walking on Malta (Cicerone Walking Guides) Walking on Dartmoor: National Park and surrounding areas (Cicerone British Walking) Walking the Jurassic Coast: Dorset and East Devon - The walks, the rocks, the fossils (Cicerone Walking Guides) Walking the Thames Path: From London to the River's Source in Gloucestershire (Cicerone Walking) Walking the Pennine Way: National Trail from Edale to Kirk Yetholm (Cicerone Walking Guides) Walking on Corsica (Cicerone International Walking)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)